

antibiotics tested is a public health concern. The possible reason for the high resistance of the isolated bacteria to the antimicrobials may due to indiscriminate use of antibiotics by livestock keepers (40). This is shown clearly from the results where milk samples positive for antibiotic residues harbored more resistant pathogens compared to the samples with no

detectable antimicrobial residues (Table 3). This is as a result of limited veterinary extension services, farmers' inadequate knowledge on animal health and easy access to antibiotics in livestock markets (41). Bacteria may have developed resistance through the inappropriate use of the antibiotics in cattle and the acquisition of resistance genes (14, 40, 42).

Table 1: Antibiotic-resistance profiles of bacteria pathogens from raw milk

Bacteria species	N	Number (%) of resistant bacteria																	
		NA		GEN		CIP		TET		CHL		AMP		COT		CTR		FOX	
		n	(%)	n	(%)	n	(%)	n	(%)	n	(%)	n	(%)	n	(%)	n	(%)	n	(%)
<i>E. coli</i>	30	30	(100.0)	30	(100.0)	8	(26.7)	28	(93.3)	30	(100.0)	19	(63.3)	30	(100.0)	28	(93.3)		NT
<i>E. coli</i> 0157:H7	5	5	(100.0)	5	(100.0)	2	(40.0)	2	(40.0)	5	(100.0)	1	(20.0)	5	(100.0)	4	(80.0)		NT
<i>Salmonella sp.</i>	10	7	(70.0)	2	(20.0)	1	(10.0)	2	(20.0)	10	(100.0)	9	(90.0)	0	(0.0)	10	(100.0)		NT
<i>Shigella sp.</i>	7	1	(14.3)	2	(28.6)	1	(14.3)	2	(28.6)	7	(100.0)	7	(100.0)	1	(14.3)	7	(100.0)		NT
<i>Proteus sp.</i>	6	5	(83.3)	6	(100.0)	5	(83.3)	4	(66.7)	5	(83.3)	6	(100.0)	6	(100.0)	5	(83.3)		NT
<i>P. aeruginosa</i>	9	5	(55.6)	5	(55.6)	1	(11.1)	4	(44.4)	9	(100.0)	5	(55.6)	8	(88.9)	5	(55.6)		NT
<i>K. pneumoniae</i>	34	30	(88.2)	33	(97.1)	34	(100.0)	34	(100.0)	24	(70.6)	24	(70.6)	34	(100.0)	19	(55.9)		NT
<i>S. aureus</i>	21	19	(90.5)	14	(66.7)	17	(81.0)	12	(57.1)	12	(57.1)	10	(47.6)	12	(57.1)	10	(47.6)	10	(47.6)
Total	122	102	(83.6)	97	(79.5)	69	(56.6)	88	(72.1)	102	(83.6)	81	(66.4)	96	(78.7)	88	(72.1)	10	(8.2)

AMP: Ampicillin; COT: Trimethoprim-sulfamethoxazole e; FOX: Cefoxitin; CTR: Ceftriaxone; Chloramphenicol; NA: Nalidixic acid; CIP: Ciprofloxacin; GEN: Gentamicin; TET: Tetracycline; NT: Not Tested

Table 2: Antibiotic-resistance profiles of bacteria pathogens from milk products

Bacteria species	N	Number (%) of resistant bacteria																	
		NA		GEN		CIP		TET		CHL		AMP		COT		CTR		FOX	
		n	(%)	n	(%)	n	(%)	n	(%)	n	(%)	n	(%)	n	(%)	n	(%)	n	(%)
<i>E. coli</i>	12	12	(100.0)	8	(66.7)	4	(33.3)	6	(50.0)	7	(58.3)	5	(41.7)	12	(100.0)	11	(91.7)		NT
<i>Salmonella sp.</i>	2	2	(100.0)	0	(0.0)	0	(0.0)	0	(0.0)	2	(100.0)	2	(100.0)	0	(0.0)	1	(50.0)		NT
<i>P. aeruginosa</i>	2	1	(50.0)	0	(0.0)	0	(0.0)	2	(100.0)	2	(100.0)	0	(0.0)	2	(100.0)	0	(0.0)		NT
<i>K. pneumoniae</i>	4	3	(75.0)	4	(100)	1	(25.0)	3	(75.0)	2	(50.0)	1	(25.0)	1	(25.0)	2	(50.0)		NT
<i>S. aureus</i>	8	4	(50.0)	4	(50.0)	3	(37.5)	2	(25.0)	4	(50.0)	0	(0.0)	4	(50.0)	2	(25.0)	2	(25.0)
Total	28	22	(78.6)	16	(57.1)	8	(28.6)	13	(46.4)	17	(60.7)	8	(28.6)	19	(67.9)	16	(57.1)	2	(7.1)

AMP: Ampicillin; COT: Trimethoprim-sulfamethoxazole e; FOX: Cefoxitin; CTR: Ceftriaxone; Chloramphenicol; NA: Nalidixic acid; CIP: Ciprofloxacin; GEN: Gentamicin; TET: Tetracycline; NT: Not Tested

Table 3: Multidrug resistance detected among bacteria isolated

Isolates	Raw Milk		Milk Products	
	No. of isolates	MDR (%)	No. of isolates	MDR (%)
<i>E. coli</i>	30	21 (70.0)	12	4 (33.3)
<i>E. coli</i> 0157:H7	5	2 (40.0)	0	0 0
<i>Salmonella</i> sp.	10	4 (40.0)	2	1 (50.0)
<i>Shigella</i> sp.	7	3 (42.9)	0	0 0
<i>Proteus</i> sp.	6	2 (33.3)	0	0 0
<i>P. aeruginosa</i>	9	7 (77.8)	2	2 (100.0)
<i>K. pneumoniae</i>	34	24 (70.6)	4	2 (50.0)
<i>S. aureus</i>	21	18 (85.7)	8	6 (75.0)
Total	122	81 (66.4)	28	15 (53.6)

5. Conclusion

The study found high levels of resistance to commonly prescribed antibiotics in the bacteria isolates from raw milk. This calls for strengthening of regulations that cover the sale, distribution, dispensing, and prescription, of veterinary antibiotics. This is because antibiotic resistant bacteria may cause complicated, untreatable, and prolonged infections in humans, leading to higher healthcare cost and sometimes death. Fortunately, Ghana, which hosted the Global AMR call to action agenda in November 2018, like many developing countries has developed an AMR action plan (launched in April 2018) that seeks to address the challenges posed by this menace through public engagement and training of farmers of antimicrobial resistance (AMR) and antimicrobial usage (AMU).

Conflict of interest

The authors declared that they have no conflict of interest.

Acknowledgements

We are grateful to the Animal Research Institute (ARI), the Veterinary Services Directorate (VSD) and the Ministry of Food and Agriculture (MOFA) of the study districts for sample collection support. The corresponding author is a postdoctoral fellow of DELTAS Africa Initiative [Afrique One—ASPIRE/DEL-15-008]. Afrique One—ASPIRE is funded by a consortium of donors including the African Academy of Sciences (AAS), Alliance for

Accelerating Excellence in Science in Africa (AESIA), the New Partnership for Africa's Development Planning and Coordinating (NEPAD) Agency, the Wellcome Trust [107753/A/15/Z] and the UK government.

Authors' contributions

This work was carried out in collaboration with all authors. Authors GIM and EKV designed the study, wrote the protocol and prepared the first draft manuscript. Author EKV did the sample collection. Authors EKV SEKA and WW performed the bacteria culture and isolation and antimicrobial susceptibility testing. Authors EKV, GIM, PKF and CSKS performed the data analysis. Authors EKV, GIM and PKF revised the manuscript. All authors read and approved the final manuscript.

References

1. Addis Z, Kebede N, Sisay Z, *et al.* Prevalence and antimicrobial resistance of salmonella isolated from lactating cows and in contact humans in dairy farms of Addis Ababa:acrosssectionalstudy. *BMC Infect Dis.* 2011; 11: 222-29.
2. Kuma A, Tolossa D, Abdisa M. Assessment of raw milk microbial quality at different critical points of oromia to milk retail centers in Addis Ababa. *Assessment.* 2015; 38:1-9.
3. Mekuria A, Asrat D, Woldeamanuel Y, *et al.* Identification and antimicrobial susceptibility of *Staphylococcus aureus* isolated from milk samples

- of dairy cows and nasal swabs of farm workers in selected dairy farms around Addis Ababa, Ethiopia. *Afric J Microbiol Res.* 2013; 7: 3501-10.
4. Tesfaw L, Taye B, Alemu S, *et al.* Prevalence and antimicrobial resistance profile of *Salmonella* isolates from dairy products in Addis Ababa, Ethiopia. *Afric J Microbiol Res.* 2013; 7: 5046-50.
 5. Addo K, Mensah G, Aning K, *et al.* Microbiological quality and antibiotic residues in informally marketed raw cow milk within the coastal savannah zone of Ghana. *Trop Med Int Health.* 2011; 16: 227-32. DOI: 10.1111/j.1365-3156.2010.02666.x.
 6. Addo KK, Mensah GI, Nartey N *et al.* Knowledge, Attitudes and Practices (KAP) of herdsmen in Ghana with respect to milk-borne zoonotic diseases and the safe handling of milk. *J Basic Appl Sci Res.* 2011; 1: 1566-62.
 7. Saba CKS, Yankey E, Adzitey F. Prevalence of *Escherichia coli* and Shiga Toxin Producing *Escherichia coli* in Cattle Faeces and Raw Cow Milk Sold in the Tamale Metropolis, GHANA. *J Dairy Vet Anim Res.* 2015; 2: 53-57. DOI: 10.15406/jdvar.2015.02.00052.
 8. Singh P, Singh R, Gupta B *et al.* Prevalence study of *Salmonella* spp. in milk and milk products. *Asian J Dairy & Food Res.* 2018; 37.
 9. Abike TO, Olufunke OA, Oriade KD. Prevalence of multiple antibiotic resistant *Escherichia coli* serotypes in cow raw milk samples and traditional dairy products in Osun State, Nigeria. *British Microbiol Res J.* 2015; 5: 117-25.
 10. Bonyadian M, Moshtaghi H, Taheri MA. Molecular characterization and antibiotic resistance of enterotoxigenic and entero-aggregative *Escherichia coli* isolated from raw milk and unpasteurized cheeses. *Vet Res Forum.* 2014; 5: 29-34.
 11. Gohar S. Prevalence and antimicrobial resistance of *Listeria monocytogenes* isolated from raw milk and dairy products. *Mat Sci Med.* 2017; 1: 10-14. DOI: 10.26480/msm.01.2017.10.14.
 12. Govaris A, Angelidis AS, Katsoulis K, *et al.* Occurrence, virulence genes and antimicrobial resistance of *Escherichia coli* O157 in bovine, caprine, ovine and porcine carcasses in Greece. *J Food Safe.* 2011; 31: 242-49.
 13. Jamali H, Paydar M, Radmehr B, *et al.* Prevalence and antimicrobial resistance of *Staphylococcus aureus* isolated from raw milk and dairy products. *Food Control.* 2015; 54: 383-88. DOI: 10.1016/j.foodcont.2015.02.013.
 14. Sharma D, Sharma PK, Malik A. Prevalence and antimicrobial susceptibility of drug resistant *Staphylococcus aureus* in raw milk of dairy cattle. *Int Res J Microbiol.* 2011; 2: 466-70.
 15. Tadesse T, Dabassa A. Prevalence and antimicrobial resistance of *Salmonella* isolated from raw milk samples collected from Kersa District, Jimma Zone, Southwest Ethiopia. *J Med Sci.* 2012; 12: 224-28.
 16. Thaker H, Brahmabhatt M, Nayak J. Isolation and identification of *Staphylococcus aureus* from milk and milk products and their drug resistance patterns in Anand, Gujarat. *Vet World.* 2013; 6: 10-13.
 17. Nisha A. Antibiotic residues-a global health hazard. *Vet World.* 2008; 1: 375-77.
 18. Nyenje ME, Ndip N. The challenges of foodborne pathogens and antimicrobial chemotherapy: A global perspective. *AJMR.* 2013; 7: 1158-72. DOI: 10.5897/AJMRx12.014
 19. Schelin J, Wallin-Carlquist N, Thorup Cohn M, *et al.* The formation of *Staphylococcus aureus* enterotoxin in food environments and advances in risk assessment. *Virulence.* 2011; 2: 580-92. DOI: 10.4161/viru.2.6.18122.
 20. Durão P, Balbontín R, Gordo I. Evolutionary mechanisms shaping the maintenance of antibiotic resistance. *Trends in Microbiol* 2018; 26: 677-91.
 21. Berrian AM, Smith MH, Van Rooyen J, *et al.* A community-based One Health education program for disease risk mitigation at the human-animal interface. *One Health* 2018; 5: 9-20.
 22. Moyane J, Jideani A, Aiyegoro O. Antibiotics usage in food-producing animals in South Africa and impact on human: Antibiotic resistance. *Afric J Microbiol Res.* 2013; 7: 2990-97.
 23. Adebawale OO, Adeyemo OK, Awoyomi O *et al.* Antibiotic use and practices in commercial poultry laying hens in Ogun State Nigeria. *Rev Elev Med Vet. Pays Trop.* 2016; 69: 41-45.
 24. Ayukekbong JA, Ntemgwa M, Atabe AN. The threat of antimicrobial resistance in developing countries: causes and control strategies. *Antimicrob Resist & Infect Control.* 2017; 6: 47.
 25. Yevutsey SK, Buabeng KO, Aikins M, *et al.* Situational analysis of antibiotic use and resistance in Ghana: Policy and regulation. *BMC public health.* 2017; 17: 896.

26. Mensah GI, Vicar EK, Feglo PK, *et al.* Bacteriological Quality and Antibiotic Residues in Raw Cow Milk at Producer Level and Milk Products at Sale Points in the Northern Region of Ghana. *Int J Tropic Dis & Health.* 2018; 1-10.
27. Mahami T, Odonkor S, Yaro M, *et al.* Prevalence of antibiotic resistant bacteria in milk sold in Accra. *Int Res J Microbiol.* 2011; 2: 126-32.
28. CLSI. Performance standards for antimicrobial susceptibility testing: 25th informational supplement. CLSI document M100-S25. Clinical and Laboratory Standards Institute. 2015.
29. Jordan D. Antimicrobial resistance in animals and impacts on food safety and public health. *Microbiol Australia.* 2007; 28: 163-64.
30. Manyi-Loh C, Sampson M, Edson M, *et al.* "Antibiotic use in agriculture and its consequential resistance in environmental sources: potential public health implications. *Molecules.* 2018; 23: 795.
31. Reuben RC, Owuna G. Antimicrobial resistance patterns of *Escherichia coli O157:H7* from Nigerian fermented milk samples in Nasarawa State, Nigeria. *Int J Pharma Sci Invent.* 2013; 2: 38-44.
32. Frederick A, Courage KSS, Gabriel AT. Antibiotic susceptibility of *Escherichia coli* isolated from milk and hands of milkers in Nyankpala community of Ghana. *Curr Res Dairy Sci.* 2016: 6-11. DOI: 10.3923/crds.2016.6.11.
33. Lues J, De Beer H, Jacoby A, *et al.* *Microbial quality of milk, produced by small scale farmers in a peri-urban area in South Africa.* *Afric J Microbiol Res.* 2010; 4: 1823-30.
34. Bukuku JN, Awareness of health risks as a result of consumption of raw milk in Arusha City and Meru District, Tanzania. 2013, Sokoine University of Agriculture: Unpublished dissertation for award of MSc. degree 1 - 89.
35. Alian F, Rahimi E, Shakerian A, *et al.* Antimicrobial Resistance of *Staphylococcus aureus* Isolated from Bovine, Sheep and Goat Raw Milk. *Glob. Vet.* 2012; 8: 111-14.
36. Committee on Infectious Diseases. Consumption of raw or unpasteurized milk and milk products by pregnant women and children. *Pediatrics.* 2014; 133: 175-79.
37. Teshome B, Tefera G, Belete B, *et al.* Prevalence and antimicrobial susceptibility pattern of *Staphylococcus aureus* from raw camel and goat milk from somali region of Ethiopia. *Afric J Microbiol Res* 2016 10: 1066-71.
38. Alamin M, Alqurashi A, Elsheikh A, *et al.* Mastitis incidence and bacterial causative agents isolated from lactating she-camel (*Camelus dromedaries*). *J Agri & Vet Sci.* 2013; 10.
39. Voss LF, Bakker J, Klaassen C, *et al.* Methicillin-resistant *Staphylococcus aureus* in pig farming. *Emerg Infect Dis.* 2005; 11: 1965-66.
40. Katakweba A, Mtambo M, Olsen JE, *et al.* Awareness of human health risks associated with the use of antibiotics among livestock keepers and factors that contribute to selection of antibiotic resistance bacteria within livestock in Tanzania. *Live Res for Rural Develop.* 2012; 24: 170.
41. Kanyeka HB. Assessment of microbial quality of raw cow's milk and antimicrobial susceptibility of selected milk-borne bacteria in Kilosa and Mvomero districts, Tanzania. 2014; Sokoine University of Agriculture: 1-90.
42. Yakubu Y, Salihu MD, Faleke OO, *et al.* Prevalence and antibiotic susceptibility of *Listeria monocytogenes* in raw milk from cattle herds within Sokoto Metropolis, Nigeria. *Sokoto Journal of Veterinary Sciences.* 2012; 10: 13-17.