

Table 3. Antibiotic test of the isolates (zone of inhibition in mm) (CLSI guideline, 2016)

Source	Isolate No.	Bacterial isolate	Vancomycin (30µg)	Cotrimoxazol (30µg)	Azithromycin (15µg)	Gentamicin (10µg)	Amoxicillin (10 µg)	Cephadrine (30 µg)	Ceftriaxone (30 µg)	Cefuroxime (30 µg)	Cefoxitin (30 µg)	Tetracycline (30 µg)
Local restaurants	1.	<i>Alcaligenes fecalis</i>	25(S)	30(S)	(R)	26(S)	23(S)	15(S)	27(I)	(R)	(R)	28(S)
	2.	<i>Staphylococcus aureus</i>	25(S)	18(S)	20(S)	(R)	20(S)	(R)	20(R)	(R)	(R)	15(I)
	3.	<i>Pseudomonas aeruginosa</i>	25(S)	24(S)	(R)	25(S)	15(R)	(R)	23(R)	(R)	(R)	30(S)
	4.	<i>Staphylococcus spp.</i>	28(S)	25(S)	30(S)	25(S)	32(S)	24(S)	30(S)	(R)	32(S)	35(S)
	5.	<i>Enterobacter aerogenes</i>	18(S)	25(S)	28(S)	26(S)	28(S)	24(S)	20(R)	(R)	26(S)	28(S)
	6.	<i>Proteus mirabilis</i>	27(S)	(R)	20(S)	20(S)	(R)	(R)	15(R)	(R)	(R)	(R)
	7.	<i>Salmonella choleraesuis</i>	12(R)	18(S)	23(S)	20(S)	12(R)	(R)	13(R)	(R)	(R)	24(S)
	8.	<i>Pseudomonas aeruginosa</i>	(R)	(R)	(R)	27(S)	(R)	(R)	(R)	(R)	(R)	14(R)
Fast Food Shops	9.	<i>E.coli</i>	12(R)	25(S)	(R)	20(S)	10(R)	12(S)	20(R)	16(I)	23(S)	24(S)
	10.	<i>E.coli</i>	15(I)	18(S)	(R)	20(S)	25(S)	22(S)	18(R)	20(S)	25(S)	25(S)
	11.	<i>Salmonella spp</i>	12(R)	20(S)	17(R)	15(S)	10(R)	10(R)	23(R)	(R)	17(I)	22(S)
	12.	<i>Proteus mirabilis</i>	30(S)	30(S)	25(S)	25(S)	28(S)	20(S)	24(I)	18(S)	26(S)	25(S)
	13.	<i>E.coli</i>	(R)	12(R)	18(S)	14(I)	15(R)	(R)	12(R)	(R)	(R)	26(S)
	14.	<i>Proteus mirabilis</i>	(R)	14(R)	17	18(S)	14(R)	(R)	18(R)	(R)	(R)	25(S)
	15.	<i>Klebsiella pneumoniae</i>	(R)	18(S)	8(R)	20(S)	14(R)	12(S)	18(R)	(R)	10(I)	13(R)
16.	<i>Klebsiella pneumoniae</i>	(R)	29(S)	35(S)	41(S)	14(R)	9(R)	30(S)	(R)	(R)	26(S)	
Canteen (Academic institution)	17.	<i>Corynebacterium Xerosis</i>	13(R)	11(R)	11(R)	19(S)	6 (R)	18(S)	10(R)	(R)	13(I)	24(S)
	18.	<i>E.coli</i>	33(S)	(R)	28(S)	23(S)	(R)	(R)	(R)	23(S)	35(S)	38(S)
	19.	<i>Enterobacter aerogenes</i>	15(I)	18(S)	(R)	20(S)	11(R)	23(S)	24(I)	(R)	24(S)	12(R)
	20.	<i>Klebsiella pneumonia</i>	15(I)	17(S)	20(S)	19(S)	7(R)	(R)	14(R)	(R)	(R)	30(S)
	21.	<i>Klebsiella pneumoniae</i>	(R)	29(S)	11(R)	30(S)	11(R)	(R)	28(S)	(R)	(R)	19(S)
	22.	<i>Klebsiella oxytoca</i>	(R)	28(S)	13(R)	19(S)	(R)	16(S)	28(S)	(R)	16(I)	22(S)
	23.	<i>Klebsiella oxytoca</i>	(R)	25(S)	17(R)	15(S)	(R)	14(S)	27(I)	6 (R)	16(I)	19(S)
	24.	<i>Enterobacter aerogenes</i>	(R)	20(S)	11(R)	17(S)	18 (I)	8(R)	20(R)	(R)	11(I)	22(S)
	25.	<i>Klebsiella pneumoniae</i>	15(I)	25(S)	15(R)	20(S)	29(S)	24(S)	25(I)	(R)	13(I)	27(S)
	26.	<i>E.coli</i>	15(I)	29(S)	(R)	20(S)	14(R)	14(S)	16(R)	13(R)	29(S)	12(R)
Canteen (Hospitals)	27.	<i>Klebsiella pneumoniae</i>	(R)	22(S)	9(R)	15(S)	(R)	11(R)	28(S)	(R)	(R)	13(R)
	28.	<i>Staphylococcus spp.</i>	(R)	21(S)	9(R)	16(S)	18 (I)	(R)	27(I)	(R)	(R)	19(S)
	29.	<i>Klebsiella pneumoniae</i>	(R)	22(S)	8(R)	16(S)	(R)	11(R)	29(S)	7(R)	(R)	19(S)
	30.	<i>Staphylococcus spp.</i>	(R)	14(R)	(R)	12(R)	(R)	9(R)	11(R)	(R)	(R)	11(R)
	31.	<i>Klebsiella pneumoniae</i>	(R)	(R)	9(R)	17(S)	12 (I)	(R)	12(R)	(R)	(R)	27(S)
	32.	<i>Klebsiella pneumoniae</i>	(R)	(R)	13(R)	11(R)	6(R)	(R)	14(R)	(R)	(R)	19(S)
	33.	<i>Proteus mirabilis</i>	(R)	24(S)	24(S)	20(S)	17 (I)	(R)	12(R)	(R)	(R)	26(S)
	34.	<i>Proteus mirabilis</i>	(R)	(R)	22(S)	17(S)	11(R)	(R)	14(R)	(R)	(R)	24(S)

*R=Resistant, S= Sensitive/Susceptible, I= Intermediate

Corynebacterium xerosis and *Klebsiella oxytoca* was found only in sample 01, 03 and 02, 03 respectively from academic canteens. *Staphylococcus aureus*, *Pseudomonas aeruginosa* and *Alcaligenes fecalis* were the most predominant bacteria found in most of the samples. *Salmonella choleraesuis* (sample 5 from fast food shop) and *Salmonella* spp. (sample 04 from local restaurant) was found to be present on one sample each. *Escherichia coli* was mostly found to be present in local restaurants and canteens from academic sector. *Klebsiella pneumonia* was prevalent in hospital canteens (sample 01,03,04), local restaurants (sample 04,05), academic canteens (sample 01,02,03).

Isolate 7 & 8 was resistant to vancomycin and isolate 6 and 8 was resistant to cotrimoxazole. All of these isolates were collected from tabletops of local restaurants (Table 3). Isolate 8 was resistant to all antibiotics except gentamicin. Cefuroxime showed 100% resistance and all isolates except isolate 4 were resistant to ceftriaxone.

Vancomycin, amoxicillin, ceftriaxone, cefuroxim were the least effective to inhibit the isolates collected from fast food shops from Dhaka city (Table 3). All isolates except isolate 13 showed sensitivity against gentamicin and isolate 15 showed resistance towards tetracycline. Most of the other isolates showed greater degree of susceptibility towards cotrimoxazole and tetracycline.

Vancomycin and azithromycin were effective against isolate 18 only from the canteens of academic institutions. Gentamicin is 100% effective against all the isolates from the same sectors. Isolate 19 & 26 were resistant for tetracycline and isolate 18 & 19 were susceptible for cefoxitin (Table 3).

Isolates collected from the hospital canteens showed to be completely resistant towards vancomycin, cefradine, cefuroxime and cefoxitin. Amoxicillin showed both intermediate and resistance result for all the same isolates from hospital canteen. Sensitivity was found for cotrimoxazole and gentamicin (isolate 27,2,29,33), azithromycin (isolate 34,3), ceftriaxone (isolate 27,29), tetracycline (isolate 2,29,31,32,33,34) (Table 3).

4. Discussion

A significant number of people suffer from food poisoning and other diseases starting upon the consumption of contaminated food. Many pathogenic bacteria can get into the food chain by various means. Direct entry of microbes from the food handling surface or the tabletops from the area where people generally

eat on is one of the major sites from where the microbes find their way into the food. So the tabletops in all food serving areas like canteens, restaurants and other food serving shops must be properly maintained to avoid the accumulation of high number of such bacteria. Poor personal hygiene of the workers or the food handler, unsanitized towels for cleaning, cross contamination from other contaminated equipments, contaminated eating utensils kept on the table all contribute to the buildup of pathogenic microbes on the tabletops (10, 40- 44). Tabletops made of wood are more prone to accumulation of nutrients spilled from the food items on the table and is often difficult to clean. Avoidance of vigorous cleaning with proper disinfectants might increase the accumulation of biofilm formation resulting in continuous spread of infection. The spreading is not only aided by hands but also with the clothes used for cleaning the tabletops as well (45-46).

In current study we found *Escherichia coli*, *Klebsiella pneumonia*, *Klebsiella oxytoca*, *Corynebacterium xerosis*, *Staphylococcus aureus*, *Salmonella* spp., *Proteus mirabilis*, *Enterobacter aerogenes*, *Pseudomonas aeruginosa* and *Alcaligenes fecalis*. They all can cause disease in human. *Staphylococcus aureus* can produce enterotoxin and cause food borne intoxication. Other staphylococcal food borne disease can cause abdominal cramp, nausea, vomiting and sometimes diarrhea (47,48). Though *Klebsiella pneumoniae* is not generally recognized as foodborne pathogen, but in a study it was showed to be capable to cause nosocomial infection being foodborne (49,50). *Klebsiella oxytoca* can cause gastroenteritis (51). *Proteus mirabilis* can come from poultry origin and can being a foodborne pathogen it can cause disease in human. It can produce urease which aids in the development of urinary tract infection (52). *Pseudomonas aeruginosa* can increase cellular permeability and eventually cause cell death (53). *Corynebacterium xerosis* can cause septicemia, pleuropneumonia and arthritis in immune-compromised person (54). *Escherichia coli* is the most common pathogen causing severe gastro-enteric disease worldwide (55).

Drug resistance has become a very common and alarming scenario which has made the treatment and complete eradication of the pathogenic bacteria very difficult. Resistance properties are shared among the bacterial population and several factors aid in such dissemination of resistant traits like adaptation with the antibiotic, misuse of antibiotics, international travelling/migration. Furthermore, bacteria can resist

the effects of antibiotics by adapting new mechanisms like efflux pump to move out the antibiotics from the cell, changes in their metabolic pathways, changes in receptors, acquisition of resistant gene containing plasmid etc. (56-61).

In this study, most resistant pathogenic isolates were found from the hospital; canteens. As the hospital environment is a source of pathogenic bacteria due to the over activity from the patients. The health care workers and the patients often use the hospital canteens. The workers in the canteen serve food not only in the canteen but also to the wards and cabins for the patients. Thus they bring the pathogenic microbes and disseminate throughout all the areas of the hospital including the canteen area. If proper hand washing, use of appropriate sanitizing and disinfecting solutions is not strictly maintained, the incidence disseminating the foodborne infection will not be eliminated. Second most drug resistant pathogens were found from canteens of the academic institutions. A huge number of students come in the canteens. Many general people also come here for cheaper rate of the food in such canteens. As the environment is overcrowded and vigorous washing of tabletops is not possible and as a result many pathogenic microbes are disseminated and with the organic substances attached on the tabletops aid in the proliferation and biofilm formation of the adjacent microbes. Fast food shops and local restaurant showed better results than hospital canteen and canteen of academic institutions. As fast food shops generally can maintain hygienic condition as they are not overcrowded and most people visiting fast food shops or restaurant are generally in good health. Proper hygienic condition should be strictly maintained to overcome the incidents of foodborne disease.

5. Conclusion

Foodborne illness is very common especially in overcrowded and developing countries where large number of people lack the proper knowledge of sanitation. Foodborne diseases are caused by pathogenic bacteria transmitted by food. These bacteria can get into the food from different sources. One such source is contaminated tabletops from where the bacteria can readily come in close contact with food directly or by means of our hands which carry bacteria from tabletop into the food while touching the food directly with bare hands. Moreover, the bacteria on the surfaces also come from different sources like contaminated food, unsanitized hands from the workers, contaminated water, tabletop washing clothes

etc. Strict regulation for the proper personal hygiene maintenance in food processing and serving area, use of appropriate disinfectants to clean the tabletops and washing clothes, regular changing of the washing clothes, overall maintenance of cleanliness in food handling environment, punishment for not following the sanitation program in the food serving areas should be compulsory.

Conflict of interest

Authors declare to have no conflict of interest.

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